



Race Committee Wind Guidelines

Attachment C: Race Committee Guidelines, Course Requirements, and Wind Restrictions

1. Races should not be started unless the Race Committee is satisfied that the wind speed in the starting area, and, to the best of its belief, on the rest of the course, is in excess of an average of three knots (3.45 mph) for a period of at least five (5) minutes.
2. If average wind speed falls below three (3) knots for a sustained period of five (5) minutes during a race, the race shall be abandoned.
3. In races started when winds exceed 20mph sustained, or when conditions dictate:
 - Spinnakers shall not be used
 - Mainsails shall be reefed
 - All competitors shall wear PFDsThis shall be communicated over VHF channel 71
4. If average wind direction shifts 50 degrees in one direction sustained for a period of five (5) minutes during a race, the race shall be abandoned.
5. The length of the starting line shall be *at least* the combined length of all the J/22 Class boats or 30 seconds long, whichever distance is greater. For reference, a boat traveling at 4 kts will take approximately 37 seconds to travel 248' (= to 11 J/22 lengths). The recommended line length is 1.25-1.5 multiplied by the combined length of all the J/22 Class boats (14 - 17 boat lengths).
6. J/22 courses shall be one of the following courses according to Attachment 'B': L3; L4, L5. Courses may be shortened according to these Sailing Instructions.
7. Sonar courses shall be one of the following courses according to Attachment 'B': L2; L3; L4