

Adaptive Sailing Protocol 2020 YGR Edition

September 2020

****Everyone who wishes to participate *must* wear a mask at all times while on campus and on the docks. Mouth and nose must be covered.****

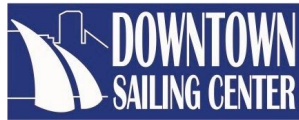
10:30 Volunteers arrive and set up:

- Team of 2- 4 greeters/escorts
 - Gather lifejackets
 - Log temperature for each sailor, complete waiver and questionnaire, hand out pfd's, promote social distancing and mask wearing, unlock Adapted Port-a-John if needed
 - Spray hands with Alcohol hand sanitizer
 - Prepare to escort sailors through the cupola down the brick walkway to compass rose.
- Small team of people (no more than 10) to rig Access dinghies
 - Hands washed prior-to and between rigging of each boat, and sanitizer used frequently for continual disinfection of equipment
 - When in doubt, clean and sanitize
- Safety boat operator prepares powerboat
 - This boat must be washed and disinfected following the program - dock vessel on the finger pier to access hose

11:30 Competitor's Meeting: all participants arrive

- "Chalk Talk": White board demonstration of sailing basics and race course
- Rigging team will prepare to depart "A" dock

11:45-12:00 Transfer Assistance team prepares (no more than 3-4 people)



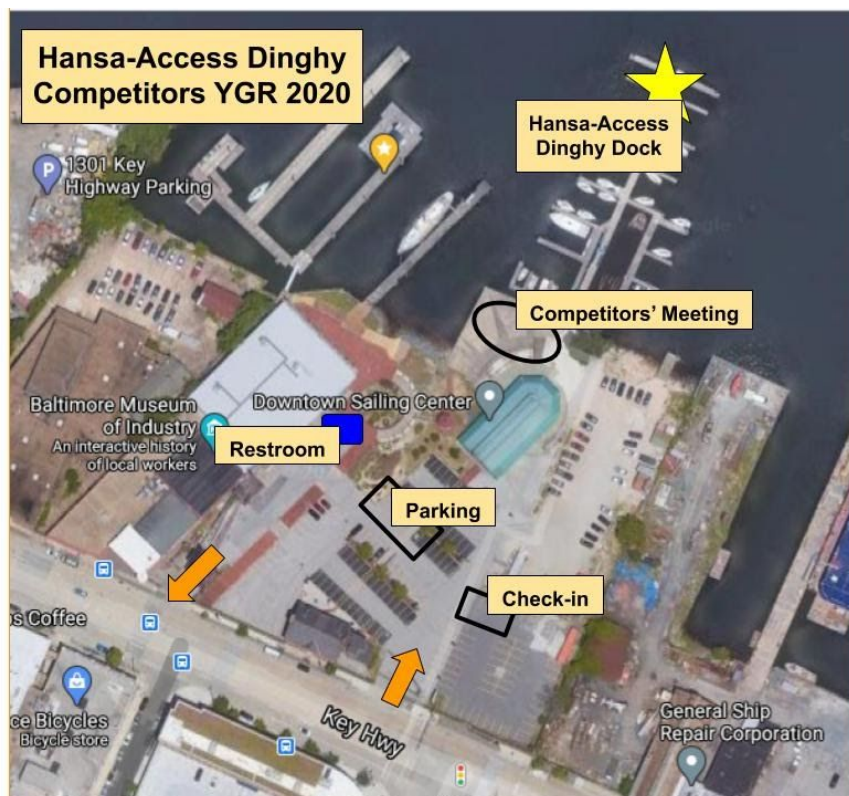
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- Individuals on this team shall wear both mask and face shield during transfers and/or boarding, shall wash hands and wipe down face shields between assistance of each sailor

12:15 Sailors will begin to board Access dinghies in 5-15 minute increments

- Each sailor will need to have 1 family member/caregiver to accompany them if they are unable to sail solo (we are unable to provide sailing buddies this year)
- Greeters and Escorts fit sailors with lifejackets
 - (participants unbuckle lap belt if in a wheelchair)
- Escort travel with sailors to 'A' dock all the way to adapted hand washing station located at 'T' head' before entering dinghy dock
- Once all sailors are on the water, away from the dock, it is recommended they remove face coverings (dinghies only)





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1:30-3:30 Racing

Once all sailors are safely on the water, volunteers and spectators may re-enter "A" dock *following a hand washing protocol* if they wish. In order to honor Baltimore City COVID-19 guidelines, no more than 25 people may gather on "A" dock, and we give priority to family members not sailing. There is an additional spectator area along the compass rose.

3:45 All spectators depart "A" dock, sailors begin to return to the dock

4:30 Once sailors have departed, derig and wash/sanitize boats and equipment

- Please follow the DSC's protocol of washing, then disinfecting all boats and equipment following use: Rinse, Soap, Rinse, Bleach

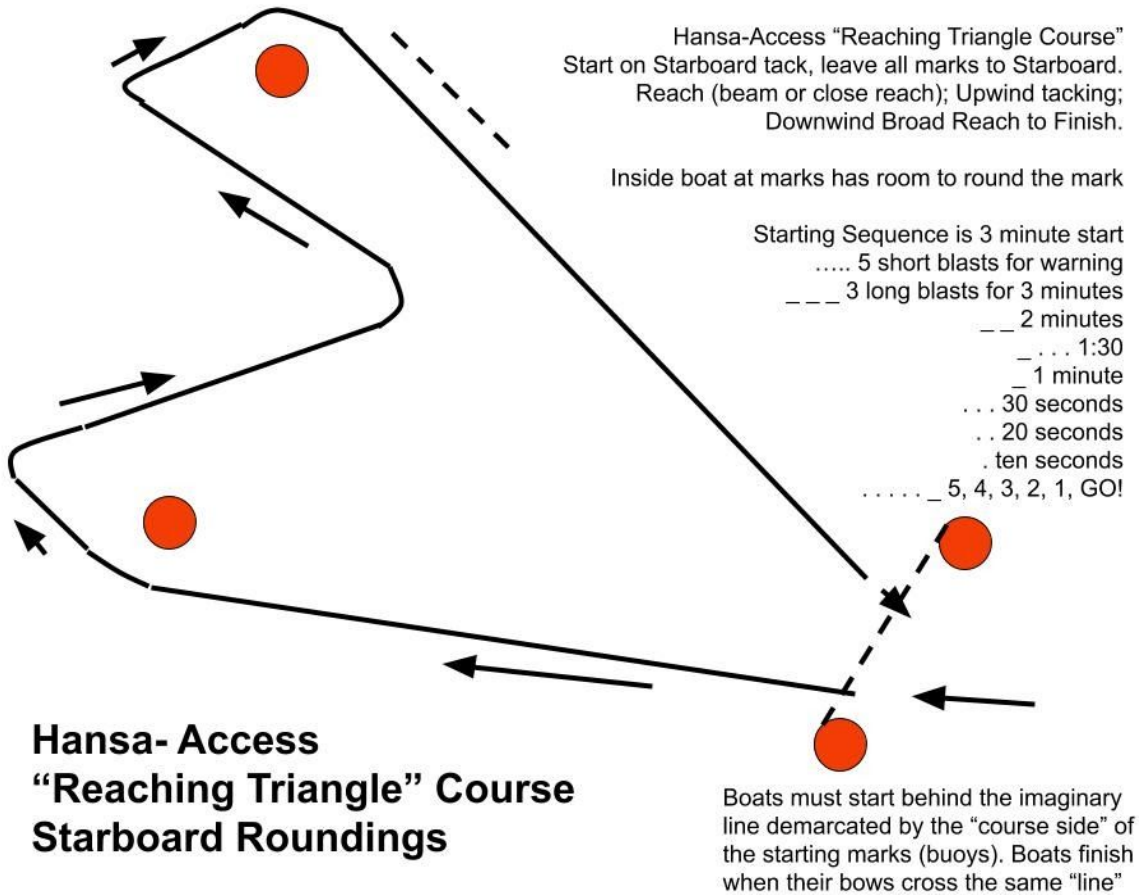
5:00 Awards



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Ya Gotta Regatta Hansa Access Dinghy Course





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Quick Steps

1. Maintain Social Distance
2. Cover Nose and Mouth
3. Wash Hands!
 - a. Before Rigging Boats or Sailing
 - b. After “Clean then Disinfect” process
- 4. Clean, Then Disinfect**
 - a. Rinse, Soap, Rinse, *Bleach* - leave on surfaces!**

Don't Forget...

- Cover NOSE and Mouth with Face Covering
- Wash Hands Frequently
- Clean and Disinfect Equipment
- “Protect Yourself - Protect Others”

The process only works if sailors act to serve the next sailors