

# Are you sailing with the Downtown Sailing Center?

I am interested in hearing  
your perspective on your  
experience with the sailing  
program.

## I AM CONDUCTING A STUDY

Occupational Therapy Doctorate Student Shanna Haver from University of Michigan Flint will be completing her Capstone Research project on “The Impact of Accessible Sailing on perceived Quality of Life”. I am looking for participants ages 8-80 years old.

## DESCRIPTION OF STUDY

Your participation will include filling out a brief 15-minute questionnaire before you start your sail, and after completing your program, along with a short focus group discussion-60 min max at the midpoint of your program schedule, total time commitment would be 90 minutes.

## INTERESTED?

If you are interested in participating in the study, please contact Shanna Haver by email or phone call [hshanna@umich.edu](mailto:hshanna@umich.edu)  
248.592.7241

